



SOUTH AUSTRALIA

AUSTRALIAN MEDICAL ASSOCIATION
(SOUTH AUSTRALIA) INC

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AMA(SA) Youth Friendly Doctor Program
In Schools Visit – tackling rural youth health

Following the successful launch of the Youth Friendly Doctor *in schools* visit at Port Lincoln High School, the AMA(SA) is pleased to announce a second rural visit to Kadina Memorial High School. Two classes of year nine students will today welcome an AMA(SA) Youth Friendly Doctor for an *in schools* visit.

The AMA(SA) Youth Friendly Doctor will be joined by the AMA(SA) president, Dr Andrew Lavender to introduce the program to students and educators of Kadina Memorial High School. Dr Lavender will be incorporating this school visit with general practice visits across this region.

With the Youth Friendly Doctor program in its second year, the AMA(SA) is pleased to announce that 23 doctors have completed the core training module, and are now up-skilled in a range of contemporary adolescent health topics. A core group of these YFDs are visiting high schools across South Australian metropolitan and rural areas.

AMA(SA) President, Dr Lavender stated that ‘the AMA(SA) is excited to bring the program to another rural setting, as most young people know who their local doctor is, but are often unsure how to approach them and discuss their health and wellbeing in a safe and confidential atmosphere. As part of the *in schools* visits, Youth Friendly Doctors get to share with students practical knowledge such as doctor-patient confidentiality, how to access a Medicare card and what to expect during a consultation’.

Dr Lavender also indicated that ‘the AMA(SA) Youth Friendly Doctor *in schools* visits aim to introduce adolescents to the idea that a visit to their GP doesn’t have to be a daunting experience. As young patients who are at ease talking to their GP can learn more about themselves and get the right health information’.

Go to www.youthfriendlydoctor.org.au to view all the details regarding AMA(SA) Youth Friendly Doctor program.

For further information regarding the Youth Friendly Doctor Program, please contact Maria French Program Coordinator at the AMA(SA) on (08) 8361 0105 or view www.youthfriendlydoctor.org.au

SA Health has contributed funds towards this Program.